

BASES Annual General Meeting 2023



The British Association of
Sport and Exercise Sciences

Thursday 16 November 2023, 5:15 pm
Ricoh Business Lounge South, CBS Arena, Coventry
and virtually, via WebinarJam

Prof Zoe Knowles *FBASES*, Chair

FAIRNESS



PROFESSIONALISM



HONESTY



RESPONSIBILITY



EXCELLENCE



Obituary

- Professor Steven N. Blair, October 2023



- Dr Kieran Kingston, May 2023



- Dr Roger Ramsbottom FBASES, February 2023



BASES AGM 2023: Agenda



The British Association of
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- Apologies
- Minutes of previous meeting, Tuesday 15 November 2022 (poll)
- 2022-2023 Annual Review (Achievements and Performance in a period of continuing volatility and uncertainty)
- Financial Statements for the year ending 31 March 2023 (poll)
- Special Resolutions:
 - Royal Charter petition (poll)
 - Fee increase (poll)
- Any other business

Board Members (2022-23):

Chair: Prof Zoe Knowles FBASES

Deputy Chair: Dr Lindsay Bottoms FBASES

Division Chairs: Dr Ibrahim Akubat FBASES, Dr Adam Gledhill FBASES, Dr Kiara Lewis FBASES, Dr Andrew Mitchell FBASES

Non-Executive Directors: Greg Koral, Dr Helen Rippon, James Tugwell,

Senior Non-Executive Director: Susan Went

Chief Executive Officer: Ian Wilson

Our Vision, Mission and Strategic Objectives



The British Association of
Sport and Exercise Sciences

Our Vision:

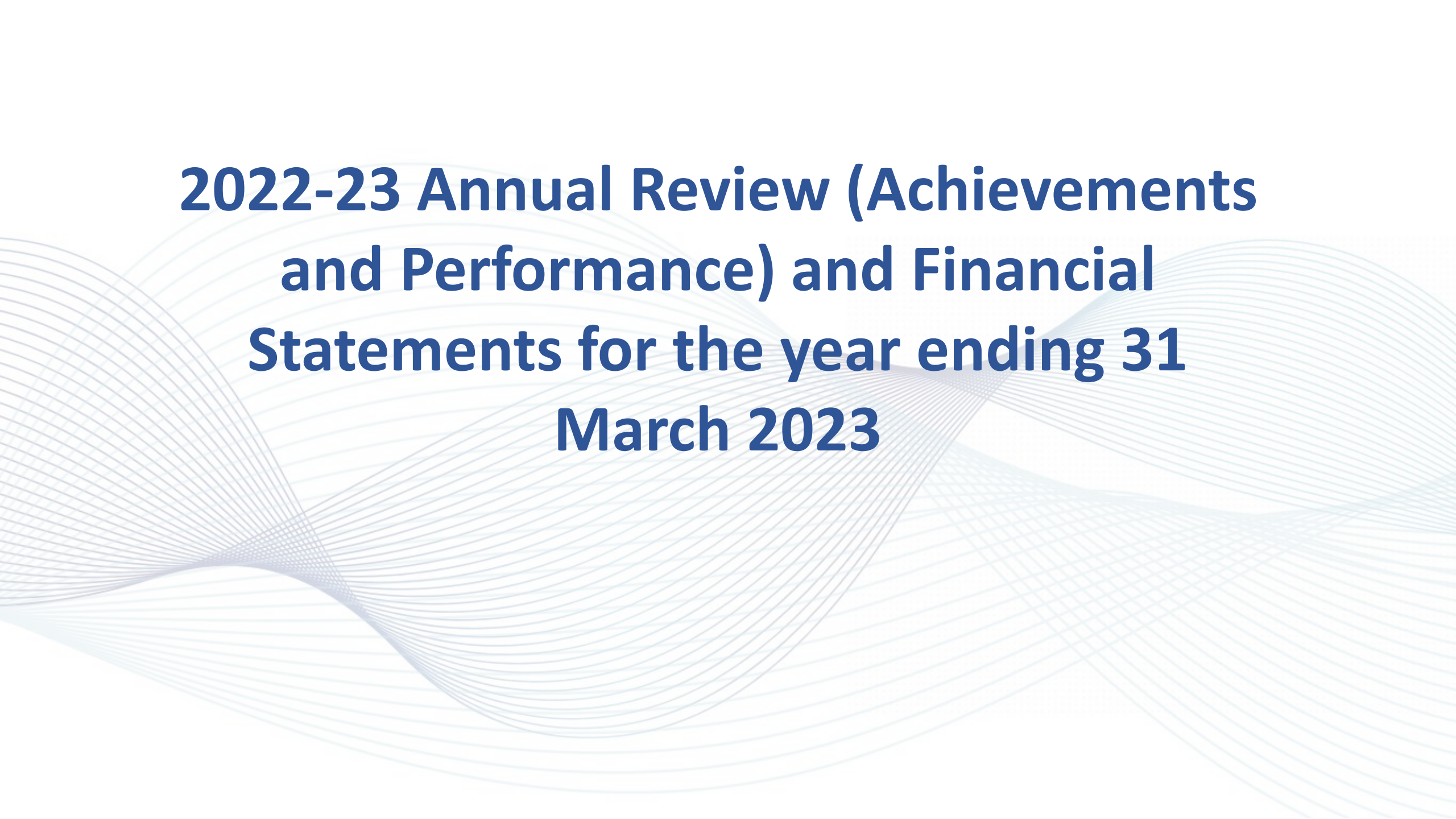
To deliver excellence in sport and exercise sciences

Our Mission:

To lead the advancement of knowledge and evidence-based practice within the sport and exercise sciences for the benefit of human performance, health and education

Strategic Objectives:

1. To enhance BASES status as *the* professional standards body for sport and exercise sciences in the UK
2. To grow BASES reputation as the leading expert body for sport and exercise sciences through strategic partnerships and advocacy
3. To drive step-change in membership by enhancing our value proposition to sport and exercise science professionals
4. To establish financial sustainability through new and existing secure and long-term income streams
5. To develop our governance model and define our organisational status to support the effective delivery of the BASES mission

The background features a series of light blue, wavy lines that create a sense of movement and depth. These lines are layered and overlap, forming a complex, organic pattern that resembles a stylized wave or a series of concentric, flowing shapes. The overall effect is clean and modern, providing a subtle backdrop for the text.

**2022-23 Annual Review (Achievements
and Performance) and Financial
Statements for the year ending 31
March 2023**

BASES: 2022-2023 in numbers



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Average members (Sept'22 - Aug'23) = 2,584 (-5.4% vs previous year)

- Professional members: 1,368 (+1.7% vs last year)
- Graduate members: 303 (+44% vs last year)
- Student members: 791 (-25% vs last year)
- Overseas, Affiliate & VIP members: 91 (-6% vs last year)

Social Media (average)

- Instagram followers = 2,837 (+9% vs August 2022)
- LinkedIn followers = 9,269 (+8.7%)
- Facebook likes = 5,948 (+1.7%)
- X (Twitter) followers = 32,638 (+0.1%)

Membership Satisfaction Survey

Member benefits



BASES activities: 2022-2023 in numbers



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Professional Standards

- 398 members hold BASES Sport & Exercise Scientist Accreditation; 177 Chartered Scientists; 53 Certified Exercise Practitioners and 28 High Performance Sport Accredited.
- 89 candidates enrolled on Sport & Exercise Psychology Accreditation Route (SEPAR) this last year, supported by 51 Reviewers and 68 Supervisors.
- 198 members are undertaking Supervised Experience, supported by 203 registered supervisors and 181 registered reviewers.
- 15 accredited physiology laboratories.
- 98 BUES endorsed courses at 53 UK Higher Education Institutions and 11 PSES (M-level Psychology courses endorsed).

BASES activities: 2022-2023 updates

• Professional Standards update:

- SEPAR development review
- BASES Certified Exercise Practitioner
- Clinical Exercise Physiologists

• HEI update:

- New Postgraduate Endorsement Scheme pilot, including EDI and sustainability criteria.
- Align information requested in both Course and Lab endorsement applications.
- Review the BUES endorsement criteria to update EDI and climate change / sustainability criteria.

Partnerships



The British Association of
Sport and Exercise Sciences

- Foundational Full Membership of the International Confederation of Sport and Exercise Science Practice (ICSESP)
- Relationships and developments continued with:

The Association for Applied Sport Psychology, the American College of Sports Medicine, British Association for Sustainable Sport, British Dietetics Association, British Psychological Society, Clinical Exercise Physiology Association, the Canadian Society for Exercise Physiology, the English Premier League, Expertise and Skill Acquisition Network, Exercise and Sport Science Australia, Human Kinetics, International Society for Performance Analysis of Sport, MIND, Newcastle United Football Club, the Nutrition Society, Open University, the Physiological Society, the Professional Footballers' Association, Sport and Exercise Science New Zealand, Sport Northern Ireland, **sportscotland** Institute of Sport, Sporting Edge, Supporting Champions, UK Anti-Doping, The UK Sports Institute, UK Strength and Conditioning Association and Yakult.

BASES Annual Conference



The British Association of
Sport and Exercise Sciences

2022

- King Power Stadium, Leicester, 15-16 November 2022

2023

- CBS Arena, Coventry, 16-17 November 2023

2024

- CBS Arena, Coventry, 20-21 November 2024



BASES Student Conference



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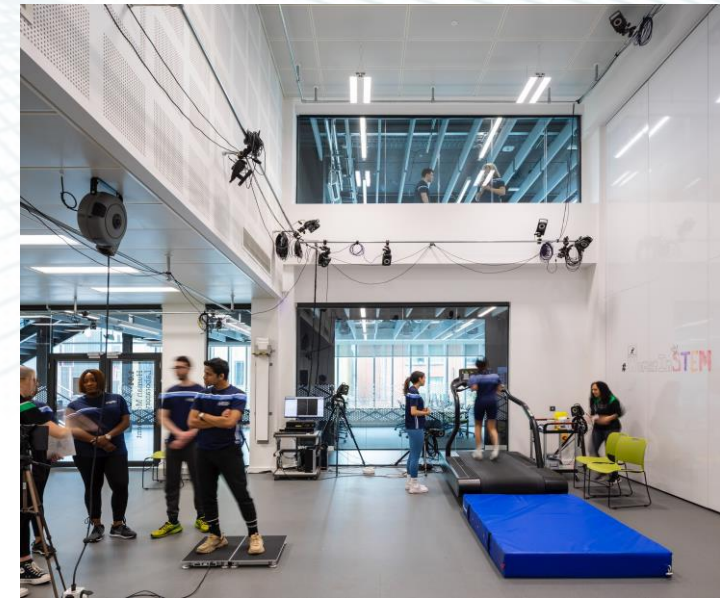
2023

- Anglia Ruskin University, Cambridge
- Monday 24 - Tuesday 25 April 2023
- *“Reflections from the past driving the future in Sport & Exercise Science”*



2024

- Manchester Metropolitan University
- Wednesday 3 - Thursday 4 April 2024
- *“Time for change: Making sport and exercise science more sustainable”*
- Abstract submission and registration now open



BASES activities: 2022-2023 in numbers



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Events

- 19th Heads of Department Forum (15 March'23), Coventry Uni.
- Next year's HoD forum will be held 15 May 2024, University of Bedfordshire.
- Four Division days took place, virtually
- 30 other workshops, all linked with the Supervised Experience and SEPAR programmes, attended by 437 delegates
- 11 webinars, with a combined 578 delegates registering
- 5 courses and workshops endorsed / re-endorsed through the BASES CPD Endorsement Scheme
- Supported events

BASES activities: 2022-2023 in numbers

(annual report includes all recipient details)



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Sport and Exercise Sciences

Awards & Grants

- 3 x BASES Fellowships awarded
- 2 x International Conference Grant awarded
- 1 x BASES Conference Grant awarded
- 4 x BASES and Clinical Exercise Physiology UK Continuing Professional Development Grants awarded
- New Awards and Grants for 2023: Volunteer of the Year and Early- to Mid-Career Researcher Project Grant
- 4 x BASES Expert Statements funded and published

BASES Publications

(annual report includes all author details)



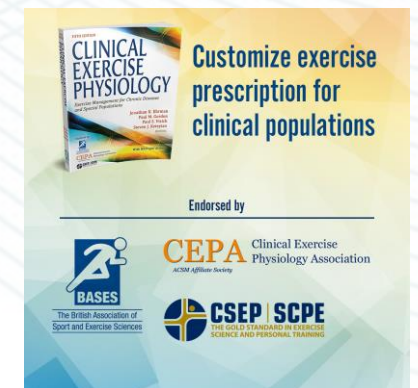
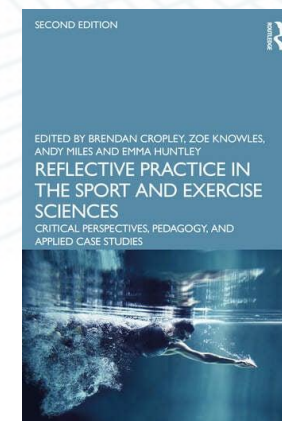
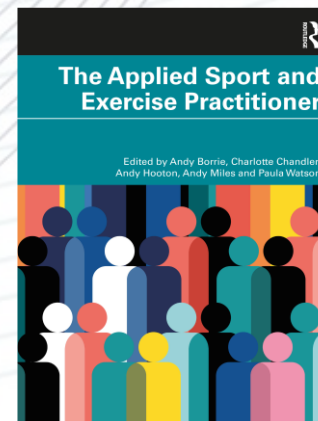
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Sport and Exercise Sciences

- Four editions of The Sport and Exercise Scientist were published.
- TSES moving to a new digital format.
- Four new BASES Expert Statements have been published in the last 12 months:
 - Pregnant and Postnatal Athletes;
 - Integrity in the Sport and Exercise Sciences;
 - Methods to monitor athletes' sleep;
 - Physical Activity and Limiting Sedentary Behaviour for Effective Management of Sarcopenia in Community-dwelling Older Adults
- Position Stand on Artificial Intelligence and Assessment



Resources

- Journal of Sports Sciences
 - 158 articles published
 - 1.6m downloads
 - Latest impact factor (IF) is 3.4
 - Ranked 20 out of 87 sports-related journals
- Endorsement of other textbooks



Significant work and technical developments by: (annual report includes a summary of details)



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- **BASES Divisions:**

- Biomechanics and Motor Behaviour
- Physical Activity for Health
- Physiology and Nutrition
- Psychology
- Sport and Performance

- **BASES Special Interest Groups:**

- Biomechanics Interest Group (BIG)
- Clean Sport
- Clinical Exercise Science and Practice
- BASES COVID-19
- Education and Teaching
- Molecular Exercise Physiology
- Occupational Performance
- Performance Analysis
- Paediatric Exercise Science
- Skill Acquisition Interest Group
- Sport, Exercise and Health Analytics

Key developments



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- Charter Status engagement with the Privy Council Office
- BASES Medal and BASES Lifetime Achievement Award
- World Environment Day – our pledge to Net Zero submission
- Advancing key projects by the Outreach Project Team
- Continuing the work of the Public and External Affairs Advisory Panel
- Research Excellence Framework 2028
- Work of the Equity, Diversity and Inclusion Advisory Group continues
- Integrity Advisory Group advanced a number of projects linked to matters of integrity and the role of BASES.
- Tax relief on members' fees or subscriptions.

BASES Operations Team:



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- Chief Executive Officer (full-time)
- MarComms Manager (part-time, Mon-Thrs)
- Professional Development Manager (part-time, Mon-Weds)
- Partnerships Manager (part-time, Mon-Thrs)
- Professional Standards Administrator (full-time)
- Senior Admin Officer (part-time, Tues, Weds, Fri)
- Admin Officer and MarComms Assistant (full-time)



Pause and any questions from members



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- Any questions so far?

Notes to Financial Statements

- BASES reported a surplus of £35,990 for the year ended 31 March 2023, driven by an increase in general income, including significant SEPAR registrations, and a reduction in general expenditure over the previous year.
- The Board regularly monitors its Risk Management Policy, Procedures and Register and continues to consider contingencies and mitigating action if income streams are impacted.
- BASES is a not-for-profit organisation; as such, it operates on the basis that it is not seeking to make a profit over the long-term and reserves should be re-invested to support the activities of the Association.
- Total reserves at 31 March 2023 were £421,886

Resolution



- Members to receive and consider the Annual Report and Financial Statements 2022-2023 (poll)

Special Resolution – Royal Charter petition



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Recommendation: (poll)

- R1 - Members to approve changing the name of the Association to The Chartered Association of Sport and Exercise Sciences.
- R2 - Members to approve the current Charter and Bylaws, and grant permission for the Board to make any changes necessary to meet the requirements of the Privy Council Office.
- R3 - Members to grant the Board the powers to submit all necessary documents to the Privy Council Office at the appropriate time.

Special Resolution – Fee increase



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Recommendation: (poll)

- R1 - Members recognise that there have been no increases to membership fees since 2011.
- R2 - Members recognise the recent expansion of services and programmes which have been supported by a small operations team and volunteer members.
- R3 - Members recognise the steps being taken to attract new members and to retain current members.
- R4 - Members support the new membership fees, to come into effect from 1 January 2024.
- R5 - Members to support the new BASES CEP fees, to come into effect from 1 January 2024.
- R6 - Members support the new Supervised Experience fees, to come into effect from 1 March 2024.
- R7 - Members to support the new Professional Accreditation fees (BASES Accreditation, High Performance Sport Accreditation and Chartered Scientist), to come into effect from 1 June 2024.
- R8 - Members support the new SEPAR fees, to come into effect from 1 July 2024.

Any other business

Requests to our Members



The British Association of
Sport and Exercise Sciences

- BASES' Values
- Invitations to key / major events, panels, expert groups
- Fellows' expertise
- Commercial opportunities
- Standing Committee and Advisory Group vacancies

Final questions from members



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Any final questions?

30th Anniversary AGM photo!



Thank you for attending and for your support of BASES

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